

# FRED: Overview & Case Studies

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# Outline

- Why model?
- FRED A Framework for Reconstructing Epidemiological Dynamics
- Case studies

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### Modeling in Public Health Policy



# Simulations Enable a New Level of "What-if" Analysis

- Preparedness Planning
- Vaccine Policy
- Paid Sick Leave Policy
- Risk Communication
- Chronic Disease Planning
- School closures

# **Types of Modeling**

- Mathematical Modeling
  - Differential Equation
- Statistical Modeling
  - Regression
  - Clustering
- Network Modeling
- Agent-Based Modeling
- Etc.

# **Agent-based Models**

- Study the effects of heterogeneous populations on spatiotemporal epidemic dynamics
- Include each person in the model, along with social contacts and interactions with the environment
- Include individual responses and behaviors in the model
- Investigate interactions between agents and spatially distributed resources such as school and hospitals

### **Agent-based Models**

Purposes

- Study how interactions among *individuals and their environment* can result in patterns of *population behavior*
- Study the *impact of policy and programs* on public health

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### What is FRED?

- FRED is a Framework for Reconstructing Epidemiological Dynamics
- Framework: FRED is not a model. FRED is a tool for building models
- **Epidemiology:** the study and analysis of the patterns, causes, and effects of health and disease conditions in defined populations (Wikipedia)
  - Infectious and noninfectious diseases
  - Health-related conditions such as obesity, drug use, violence, vaccine acceptance, etc
- **Dynamics:** FRED is designed to study how patterns of health conditions in defined populations *vary over time and space*

FRED is designed to build agent-based (individual-based) models

### Foundational Concepts in FRED

- Space
  - Three-dimensional geography based on actual locations
- Time
  - Time step = 1 day (agents have multiple serial activities per day,

encoded by hour)

- Duration = 1 day to 100 years
- Agent = individual person
- Places (mixing groups for agents)
  - Households, neighborhoods, workplaces, schools
  - Flexibly create places and assign agents
- Population
  - Based on census data and other sources
  - Agents are associated with specific places

# **FRED Key Features**

- Synthetic population for selected countries
  - Group quarters: college dorms, prisons, military bases, nursing homes
- Simulates daily activities of individual:
  - Household, neighborhood, school, workplaces, healthcare facilities
- Intercity Travel
- Flexible Disease Models:
  - Natural History
  - Transmission Models
  - Importation schedule
  - Daily tracking: counts by location, who infects whom, etc.
- Intervention Models
  - Vaccines, Antivirals
  - Social Distancing

### **Census-matched Synthetic Population**



# **FRED: Key Features**



Activity Profiles can change over lifetime of agents

- Social norms / influence
- Health Belief Model
- Segmented populations

### **Synthetic Population Matches Real Demographics**



**Household Size** 



Age







Race

Income

# **FRED Daily Dynamics**



Location and size of each school



Household size, ethnicity, ages, income







Location and size of each workplace

# **FRED Daily Dynamics**



Location and size of each workplace



Household size, ethnicity, ages, income



# **FRED Daily Dynamics**



Location and size of each school



Household size, ethnicity, ages, income





Location and size of each workplace

## **FRED: Key Features**

# Individual Disease Model



# **FRED: Key Features**

### **FRED** Outputs

### Daily Summary Statistics of **Population Health Status**

- Incidence
- Prevalance, etc

### Plots of user-selectable variables

### Individual transmission events

• Who infects whom, and where infection occurs

### Data for producing maps and movies





FRED: Allegheny County

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# **Measles vaccinations**

- 47 US states allow religious and/or personal exemptions to allow unvaccinated children to attend schools.
- In some states, vaccination exemptions are increasing
- Some argue that exemptions should not be allowed

- Two simulations of measles outbreaks
- Scenarios:
  - 95% of children 6 months to 15 years old are immunized against measles

 80% of children 6 months to 15 years old are immunized against measles

# FRED Measles Model

#### Measles in Allegheny County, PA Coverage = 95% Day 30



Red Dot = Infectious Case

Blue Dot = Recovered Case

# FRED Measles Model

#### Measles in Allegheny County, PA Coverage = 80% Day 30



Red Dot = Infectious Case

Blue Dot = Recovered Case

# **FRED Measles Model**



"... Sen. Marty Block, a San Diego Democrat, said he was convinced to vote "yes" after Pan showed him a computer modeling program [Link to FRED] from the University of Pittsburgh that simulates how quickly a measles outbreak could spread depending on a community's vaccination rate."

# Paid sick leave

- US is the only industrialized country without universal access to paid sick leave (Heymann et al. 2009)
- Employees sometimes turn up at work when sick and infect others
- Would paid sick leave help?

### Paid sick leave

### **Baseline Attack Rate among employed adults due to workplace transmission : 11.5%** Simulated epidemic: R<sub>0</sub>=1.4

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**Conclusion: ~71% of infections at work occur due to presenteeism** 

Policies to reduce influenza in the workplace: Impact assessments using an agent-based model. Kumar et al. Am J Public Health (2013)

### **Lessons Learned**

- Universal access to paid sick days reduces influenza infections due to workplace transmission by about 6%
- Flu Days have a larger impact on infection reduction:
  - 25% (1 Flu day)
  - 39% (2 Flu days)
- Combination of universal paid sick days and interventions to increase the number of days spent at home may have a large as well as an equitable impact

# Background: Donora Smog 1948

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- Donora PA
  - -24 miles SE of Pittsburgh
  - -14,000 residents in 1948
- Temperature inversion Oct. 27-31, 1948
- Combined with heavy emission of air pollution from nearby mills
- More than one-third of population affected with respiratory distress
  - -15.5% mild symptoms
  - -16.8% moderate symptoms
  - -10.4% severe symptoms
- 70 excess deaths within 1 month
  - Elevated mortality for 10 years after





Source: Prints and Photographs Collection, History of Medicine Division, National Library of Medicine.

Am J Public Health Nations Health. 1950 Feb; 40(2): 183–189. PMCID: PMC1528640 Investigation of the Smog Incident in Donora, Pa., and Vicinity James G. Townsend

### Scenario

- Developed with City of Pittsburgh under the 100 Resilient Cities Project (Rockefeller Foundation)
- Pittsburgh experiences a severe heat wave
- At the same time, an air pollution event occurs
- An air temperature inversion occurs, trapping dense smog at lower elevations

### Focus

 How well does the City's emergency response system deal with the crisis?

### **FRED Simulation of EMS Requests**

FRED assigned asthma and heat stroke risks to individuals in the Pittsburgh synthetic population to match known prevalence based on age, gender and race

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Simulated air pollution at lower elevations, and heat wave throughout area



# Health Emergency Scenario





# Health Emergency Scenario

#### Data Distribution Response Duration (Clock Start -> Vehicle Scene Arrival)

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	Count	Average	50th Percentile	90th Percentile	Minimum	Maximum	Std Deviation
Baseline Event Time	121	5.24	5.02	8.35	1.33	10.55	2.10
Level 3 Impact (Base	410	5.59	4.55	9.23	0.98	54.32	4.77

### Summary

- FRED is a flexible model framework
- Large-scale, realistic synthetic populations
- -Investigation of epidemic scenarios
- Evaluate health behavior effects
- Can be used to inform policy and planning

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